

Exercise Class Timetable – Bairnsdale

Bairnsdale Clinic @ 126 McKean Street

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00 am	HAP Exercise 10:00 am - 11:00 am				
10:30 am					
11:00 am					
11:30 am	HAP Exercise 11:30 am - 12:30 pm				
12:00 pm					
12:30 pm					
1:00 pm					
1:30 pm					
2:00 pm				HAP Exercise 2:00 pm - 3:00 pm	
2:30 pm					
3:00 pm					
3:15 pm				HAP Exercise 3:15 pm - 4:15 pm	
3:30 pm					
3:45 pm					
4:00 pm					
4:15 pm					